

# **Rocky Mountain Zonal Forum of Narcotics Anonymous**

**Colorado, Montana, Southern Idaho, Utah, & Upper Rocky Mountain Regions**

**July 28, 2007**

**Grand Junction, CO**

Open with Serenity Prayer @ 10:05am

Colorado RD – Don T.

Colorado RDA – Brenda E.

Montana RD – Prudence G.

Montana RDA2 – Berta H.

Southern Idaho RD – J.B. M.

Southern Idaho RDA – Harper N.

Utah RD – Monte H.

Utah RDA – Brad K.

Upper Rocky Mountain RD – Steve H.

Upper Rocky Mountain RDA – Tommy O.

World Services Members – Steve R. & Mark H.

Attending members: Linda L., Jim C., Michael H., Delynda H., Juan A., Talle M., Candy B.

## **Regional Reports:**

### **Colorado –**

New RDA for Region- Brenda E. Our convention, CRCNA XXI will be held in Longmont, CO. on Oct. 26-28, 2007. 2 Regional Assemblies were held in Colorado. At the July Assembly a workshop was held on Medication in our Fellowship with a discussion emphasizing feelings. The April Regional Assembly we discussed 7<sup>th</sup> Tradition and fulfilling our purpose. Postponed our Incorporation proposal but still working to get more information. April next year might be a possibility of providing a proposal. We have 8 Areas and 4 are active. Mountain Areas are starting to come alive again and attending the Regional meetings. Drug court has been sending clients to NA in Boulder Area. Colorado issues: how do we support our fellowship outside the metro area. All of our Regional Service Committee positions are filled. Working on getting a Regional Phoneline.

### **Montana –**

30 registered groups in the state and working on contacting isolated groups. Budget money to send addicts to attend World Service functions and RMZF. Outreach for Unity Days in Livingston. “Building Strong Home Groups” in Helena. “Who’s Missing from our Meetings” in Billings. Help lines in 3 Areas with a rotating cell phone. Publish a state-wide meeting list. H&I going into state prisons. Correctional facilities will be addressed as funds allowed. Montana Gathering was held in Synes Hotsprings for the last 2 years. Biggest challenge providing services and communication to the whole state. Publish local and Regional events.

### **Southern Idaho –**

Region has felt ramifications from last guideline changes. Shortfall of Regional funds by sending money onward. Positions filled at Region. Talk of dropping Regional campout. J.B. will be done with RD position in

January. Thanks J.B. for your service! October 26-28, 2007 in Boise is hosting the Pacific Northwest Convention XXX.

### **Utah –**

Southern Utah Area is growing and having a first convention next year. Northern Area is hosting a Western Learning Days in October 12-14, 2007. Approved guidelines and discussing H&I and PI chairs at the Regional level.

### **Upper Rocky Mountain Region –**

Regional Assembly in Riverton, WY with a good turn-out. Issue discussion topics. A possible new Area might be formed. Upper Rocky Mountain Regional Convention VIII in Rock Springs, WY. 100 addicts attended the convention and was one of the largest. Working on a Regional logo. Now have a functional Regional website, we also have a new regional meeting directory.

### **New Business:**

Prude G. nominated for World Board Pool – Qualified and Accepted

How can we promote the RMZF discussion boards?

Please put activities, camp-outs, conventions on RMZF website or send the information to Don T. and he will post the information.

### **World Board Report/Workshop: Steve R. and Mark H.**

The meeting started by introducing NA members new to the RMZF who have not yet attended a Forum. We asked questions of each new member: Have you ever been to a RMZF? Name of home group and service positions. What is your NA home community?

5 new members who have never attended a RMZF were identified.

### **Issue discussion topics and brainstorming session:**

**Topics include:** building strong home groups; building strong home groups in isolation; carrying the message; who's missing from our meetings and why; our service system; encourage leadership into our service system; and limited financial and human resources.

How is communication flowing within the NA communities which includes from NAWS to RDs, to Regions, to Areas, to the groups, and to the NA member?

Carrying the message helps build strong home groups.

### **Responses to Communication Question:**

Working on ways to build strong relations with outside drug courts, treatment centers, etc. Issues with drug courts, finding ways of getting literature to facilities; outside enterprises offering some sort of 12 Step programs run by individuals to drug courts; having a state-wide PI conference for the professionals in law enforcement, addiction counselors, judges, etc; NA meetings competing with institutions (mental health) who are in it for profit; treatment facilities using NA in name to draw members from the court systems; and opportunities arise when facilities start to lose money and focus on helping those in the court systems. Eventually we (NA) will get these members to our fellowship. Drug courts are flooding people into our meetings whether they want to be there or not. Our groups have a hard time growing and maintaining the influx of members. Many home groups are trying to maintain balance.

Resources: Human, financial, and tools.

PR handbook, making sure we fit into service who will do the work and have the ability to support financially. NAWS has developed the Area Planning Tool and we need to teach how to make it work for members.

### **Conference Project updates:**

Basic Text – personal stories (some), introduction to stories, filling some gaps in stories and revised from the authors, 51 stories from input draft to be put into Basic Text, and approval for draft will be out for \$8 for those who want to review.

PR Handbook – Developing binders for the handbook, available for \$8.50, addenda available for \$3.50.

Materials can be downloaded for free from website. [www.na.org](http://www.na.org)

Other service materials mailed to conference participants coming soon.

Made some changes to Youth IP and Parents of Youth will hopefully be included in the CAR (Conference Agenda Report).

IDT: All about Carrying the Message

CAR will involve a lot about “Carrying the Message” concept.

NAWS gives away about \$500,000 of free literature a year for PI events.

All NA literature available on-line.

Send all written and developed guidelines or any orientation literature to NAWS.

Developing tools to help with becoming an RD – Discussion boards are starting to be built on the na.org website. – Conference Participant Bulletin Board.818-753-9999 Call NAWS if help is needed for questions or looking for FTP website information. Talk with Keri for help.

## **Building Strong Home Groups Issue Topic Discussed:**

### Process Steps:

1. Identify Areas for Group Improvement
2. State the Issues
3. Brainstorm Solutions
4. Choose the Solutions
5. Make Decisions

### Group 1

#### Tasks:

Stick to format and focus on recovery topics

Mentoring positions of service

### Group 2

#### Tasks:

Create a sponsorship list

### Group 3

Mentoring

Lingo Learning

Tasks were identified, time frames, who's responsible, what resources, and completion dates.

### Action Plan:

1. Tasks needing done
2. Time Frames – “When”
3. Those Responsible – “Who”
4. What Resources
5. Completion Date(s)

## **NA Autonomy in the Rural Communities**

- Clear NA message
- Independent Entity
- Remaining in contact with our Traditions

**White Hat: Information: All sides**

**Red Hat: Feelings: All sides**

**Black Hat: Caution: Challenges**

**Green Hat: Creativity: Options**

**Yellow Hat: Benefits: Positive Aspects**

**Blue Hat: Managing Process: Next Steps**

**Fellowship Development:**

Communicate and assist with NA members and groups

Provide literature to outreach communities

Outreach in fellowship development: Ideas- Rotate service meetings to different Areas, take a group and go to other meetings in outlying areas to support meetings, continuation of follow-through to support lesser meetings.

**Core Principles:**

- Unity
- Attraction
- Autonomy
- Self-Support

**Approaches:**

- Ask “What are your needs”
- Educate about resources – literature, etc.
- Plan – Consider Resources
- Practice Spiritual Principles

**Obstacles/Solutions:**

- Concern for our Traditions (ch. 12 PR Handbook)
- Fear! – All have the same concerns and fears
- Barriers: Cultural Differences, Economic, Geographic, Legal, Language
- Use community leaders
- Include target population in FD efforts
- Lack of understanding Regional NA
- Help with information to solve their own problems
- Identify resources
- Inflexible members – Invite them in, honor all opinions, use their passion

- Groups that do not want to be part of the service structure-explain benefits of belonging to service structure, have Area conduct an inventory
- Resistance to change-Learning Days and Workshops
- Meetings & treatment facilities – trusted servants help groups to encourage self-support

**Action Plan:** For Fellowship Development

1. Tasks needing done
2. Time Frames – “when”
3. Those Responsible – “who”
4. What Resources
5. Completion date(s)

**Next RMZF meeting will be in Helena, Montana in December 2007. Dates TBA**

**Future Meeting Schedules:**

Utah – July 2008

Southern Idaho – July 2009

Upper Rocky Mountain – December 2009

**Adjourn: 6:40 pm**