

Southern Idaho Region  
Rocky Mountain Zonal Report  
July 25, 2009

Greetings RMZF,

Glad to have been able to host the RMZF. The Southern Idaho Region thanks one and all for attending and I hope we provided the needs of all of you in attendance. We want to thank Mark H. and Bob J. for their participation, and thank you NAWS for providing the means for their ability to attend.

I have included in this report all of the attending regions reports to the forum and well as the notes that Jodi G. took during the days processes. This report will be sent to NAWS as well as to the Forums Web Dude. I hope this meets the needs of all.

Thanks once again for the ability to be of service.

Harper N.  
Southern Idaho RD

**Colorado Region  
Rocky Mountain Zonal Forum  
Idaho Falls, ID  
July 25, 2009**

Hello to the Rocky Mountain Zonal Forum!

Colorado has been busy with business and fun. Our convention last year in Estes Park was very fun and successful. This will be the last time we can have the convention in this town since our fellowship has grown to large. This year's convention is in Colorado Springs on October 23-25. Please come and have a good time with us in Colorado!

Our Region has had some exciting and growing business since we last met. We have formed an Incorporation Adhoc Committee to find a way to protect our addicts who sign our convention contracts from any legal liability. We first started to incorporate the region and convention. Now we have moved to incorporate just the convention and work continues on this project. Chuck C. is working as chair of this adhoc committee.

The PR Adhoc Committee was formed to look at different models in the PR handbook to see what would work for our region. We have chosen the "flexible model" and will be in the process of hopefully approving the move to PR at the regional level. All subcommittees of PI, H&I, Outreach, Web, Fellowship Development, and any other committees formed later will fall under the guise of PR.

Currently, PI is trying to set up a professional NA symposium to invite all the professionals in Colorado to meet with NAWS, PR, and our local subcommittee fellowship to inform these individuals about NA. We are working on finalizing a date and location for this year.

Outreach, with PR adhoc committee members, has been attending NA meetings around the state to check out the detached groups not belonging to an area. We are cleaning up the meeting list as we go and finding contact information for meetings that exist in Colorado. This has been a time consuming project, but we have found where meetings have changed times and locations or maybe just no longer in existence. This project has been a great way to meet new addicts and let them know the region is here for any support they may need.

H&I have been working to cover some jails and prisons not handled by areas or those areas that need some assistance with getting addicts into the facilities. Some areas in our region are sometimes short with men and women going into the facilities. We are trying to form a “pool” of cleared DOC paperwork addicts to cover the facilities in need. We have also set up a JPay account where addicts in lock down facilities can write to this mail account and have contact with other addicts outside. The inmates can write letters and the trained addicts will respond back. Mile High Area and Pikes Peak Area are set up to write and respond to letters by mail from the inmates. This process seems to be going smoothly.

We have a new area that joined the region this past year. Bringing Freedom East (BFE) covers the northeastern part of our state including Sterling, Ft. Morgan, Yuma, and Wray. This brings our region up to nine areas, with 51 new meetings this year, and 264 total meetings in Colorado. We have been growing and most of the areas are typically handling service needs and conducting service meetings. One area is not participating at the regional level due to the inability to have enough resources to function as an area. We, as a region, continually try to reach out to these addicts in those areas to offer any assistance possible. I hope that one day we have all areas up and functioning to help their NA communities grow.

Brenda E.

Chuck C.

Colorado Delegates

The Montana Region is doing well. We had one of our most profitable Gatherings, ever. After all the bills had been paid, we netted around \$4000. This money will go into funding the rest of the region the rest of the year. We have had discussions, over where to hold the Gathering from year to year and we have finally come to a consensus of alternating it between Symes Hot Spring in Hot Springs, MT and Boulder Hot Springs in Boulder, MT. In addition to the Gathering we are starting a fall convention, beginning in 2010 in Great Falls, MT. As the details become available we will keep the zone informed.

Other parts of the region that are doing well are the phone line and web site. The phone line is kept up to date and any addict can call it for meeting information. We currently keep two cell phones with addicts in different cities on at all times. So when you call the line an addict answers. Hand in hand with that is our web site. We have made many improvements to our website in this last year. We are very grateful to our webservant and a number of other addicts who have been really improving this great resource. You can currently use it for meeting time and location, contact numbers, as well as find a listing of current events happening in and around our region. The web site has been a big help in facilitating communication and that has been our other big area of improvement.

Our communications subcommittee, which was formed about a year ago, has really, stream lined communications in our region. Addicts from all over the region have been able to keep in the loop and work on sub-committees has been done outside of our regional meetings. This organic process is still growing as we are still working out the details, but we have already seen many benefits from it.

Our H & I, and PR efforts are all going forward and the number of meetings opening and staying open in the state are consistently expanding.

In Loving Service,  
Berta H.  
MT - RD

Upper Rocky Mountain Regional Report to the Rocky Mountain Zonal Forum  
25 July 2009  
Idaho Falls, ID

Dear RMZF Members,

The URM Region serves five areas within the state of Wyoming, including one area which has two groups in the Nebraska "Panhandle". Our region, last November, made a motion for the RD and AD to conduct a ninety-minute regional workshop prior to each RSC meeting on material from NAWS. We had made some changes to our guidelines to include material on how to include a new area that wanted to join our region. We had also changed when we meet. We now meet in February, April, June, August and October with our April meeting being the Assembly. The meetings rotate specifically to each area.

Our webservant performs an admiral job of providing a web-presence for our region providing information to our members and web contacts for our trusted servants and RCMs. The site also provides regional updates, information on activities, meetings within the region and has our minutes and archives.

Lastly our annual celebration of recovery, our regional convention, had its tenth anniversary celebration in May in Cheyenne. We had 107 members registered, including comps. Ron H. of New Mexico, WB member, did two history presentations Saturday afternoon; the history of the Basic Text and the History of NA which both went over very well. The convention, after some false starts, ended with a monetary profit of over \$800 plus over \$600 in remaining merchandise to forward to URMRCNA XI.

We are looking forward to hosting our next RMZF meeting, our CAR workshop, this coming December 5th.

In fellowship and service,  
Tommy O'Reilly (TommyO)  
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SOUTHERN IDAHO REGION

HARPER N. RD

JODI G. RDA

HELLO ROCKY MOUNTAIN FORUM,

GLAD TO BE ABLE TO HOST THE YEARS ANNUAL FORUM, AND TO HAVE MY REGION DOING IT FOR THE FIRST TIME. AS TO INFORMATION ON OUR REGION, OUR LAST REGIONAL CONVENTION LOST FUNDS AND WAS UNABLE TO PASS ON THE SEAT MONEY TO THE NEXT COMMITTEE. CULPRIT WAS TOO MUCH MERCHANDISE BEING ORDERED, NOT THAT THAT HAS EVER HAPPENED BEFORE AT A CONVENTION. ALL OF OUR REGIONAL POSITIONS WERE NOMINATED AT LAST REGION AND WILL VOTED ON IN OCTOBER'S MEETING. AT THIS TIME WE'RE WAITING ON THE FINAL REPORT FOR OUR REGIONAL CAMPOUT, THOUGH WE DO KNOW THAT ATTENDANCE WAS DOWN. JODI HAS DEVELOPED A SERVICE PHAMPLET OFF OF THE FTP SITE AT NA.ORG AND WORKED ON RCM AND GSR ORIENTATION PROCESSES AS WELL.

LOOKING FORWARD TO WORKING WITH ALL IN DEC. ON THE CAR, IN CHEYENNE.

HUGS TO ALL,

HARPER N.

The following is the minutes that Jodi took.

## **Rocky Mountain Zonal Forum**

### **July 25, 2009**

*Living Clean – Review & Input on Chapters 1 & 2 (small groups – reported out).*

*Input session on upcoming chapters of Living Clean (collected by Mark & Bob)*

*Lunch*

#### **Discussion re: phonelines –**

Tommy (WY) – not enough members in his area to facilitate a phoneline service, provide a toll free information line. His Area crosses state lines, that's why it's a toll free number. Simply gives times and location for meetings. It's out of California, it was the best deal they could get back when it was set up; pay \$10/month plus so much per phone call.

Don (CO) – use answering service. If they need to speak to an addict they hook them up to somebody on the helpline list. The answering service gives them meeting information if that's all they need.

Linda (CO) – Denver getting to the point where an addict answers the phone, many legalities and complications to this. When parents call about their kids, etc. this is a PI opportunity.

Berta (MT) – Addicts answer the helpline; have regular training; 1 yr. minimum clean time; \$2600/year; re-upping for 2 more years, 5 phones. Goal is 2 trained addicts in each major town in Montana. Purchased an 800 number and have been able to keep & maintain it through several different companies. Use “ring central” online and they route the phone calls. If the call is missed for some reason, a message can be left, checked, and followed up with. The purpose is to tell people about NA and get the addict to a meeting. Whoever has the phone gets a bag that includes a binder with meeting lists for the entire state. One person is in charge of keeping that information current. Coordinate with website so it's all consistent. Minutes roll over; weren't using them so reduced them and this will bring the cost down considerably.

Harper (ID) – One of our Areas had to research who owned the phoneline they'd had for years.

Linda (CO) - Keep our phone numbers and meeting lists up to date and keep the World website up to date.

Brad (UT) – Most of the state has an 800 number, some Areas didn't want to participate.

Bob J. – Their web coordinator gets the meeting schedules printed so the information is coordinated & always up-to-date. Use a central number that each member gets instructions to log in and forward the calls to whichever phone they want, then log off at the end of their shift. When nobody is logged in, the calls go to an answering service... or automated service?

Steve (WY) – how do you advertise the number?

Tommy (WY) – Listed as public service in white pages of phonebook.

Bob J. – once listed in white pages of phonebook it's public domain and other phonebooks replicate it.

Brenda (CO) – has information line that you can get automated information, push a button to get an addict on the line, or leave a message. Volunteers are trained. Going to start adding 12-Step volunteers to help addicts get to meetings (going back to how it used to be done).

Rubber stamp – every piece of literature and meeting schedules stamped with it. Also poster campaigns. Phone books worth the cost.

Provide “community referral” numbers in cooperation without affiliation.

Please email any additional information to Harper.

## **Website –**

RMF Website - Applied \$\$ to web bill, expires in September. \$142.56 for next 3 years. Split the cost between the 5 Regions? Don is willing to pay the cost if we believe our Regions will support it and pay when we meet again.

Virtual meetings

Re-design of NAWS website? Use the site map.

Posting guidelines, meeting minutes, etc. onto websites - password protected? Prevents spambots from harvesting personal information. Can purge email addresses & phone numbers from minutes, etc.



Brad (UT) – doing a Regional calendar, good resource for them, helps to not plan activities on the same day in different Areas, etc.

NAWS designating members to update the World Services meeting list, probably the Regional Web Coordinators. (Don says ‘if it wasn’t so heinous to use’) Need new technology.

Linda (CO) talked about ‘outreach’ type work to ‘investigate’ meetings that have moved or are no longer in existence.

Discussion regarding Facebook, MySpace, etc. networking sites and anonymity. Ads on the sites could imply affiliation. There are advertisements in newspapers . . . there is no assumption there that you’re affiliated. PERSONAL anonymity, we want the NA name to be out there. It’s complicated. If you put it out on the internet/web make sure it’s something you don’t mind if your mother or a terrorist get hold of. Ads are contextually based on the internet so they might seem to be affiliated. Dealing with unprecedented explosion of technology since Traditions were written. We put ourselves out there as NA members and some people become victims. Situations can give NA a black eye.

### ***PowerPoint presentation of “Worldwide Fellowship”***

Kind of defeats the purpose for only the delegates to go to the World Wide Workshop because they usually cover the same information. WWW’s are for the MEMBERS, for members to meet reps. From NAWS.

Heard nothing about WSO move, informed that lease was coming to an end at WSC 2008.

### **Finances**

NAWS – substantial losses at San Antonio (WCNA), not a lot of loss when stock market crashed due to pretty safe investments in low interest accts. Tightening our belts across the board, not giving away as much stuff, less people traveling, traveling closer to home, adjusting shipping prices. Doing everything we can, reserves being built back up.

This past month, one of highest NAWS donations, literature sales are up. Northern Cal is one of biggest contributors to NAWS and that comes from their huge regional convention.

Put a buck in the basket back in the 80’s with a day or two clean, still putting a buck in the basket. Mark stopped buying merchandise, instead he puts \$20 in the basket because very little of it (merchandise \$\$) actually gets back to NA. Need to have fellowship-wide discussion. Our Freedom, Our Responsibility is this cycle’s topic.

What would we do with \$\$ from lit sales if we were actually self-supporting and not supported by literature sales? Would be able to provide more services, etc. Would have to see if it held over time first before we relied on it.

People think that things are OK the way they are, '\$1 is my obligation.' People will have a \$4-6 coffee in their hand and put \$1 in the basket. This is a sensitive issue.

Self support IP changing to "Money Matters." Title may change again. Talks about where the \$\$ goes in general terms.

Typically 7<sup>th</sup> Tradition is higher when they discuss the Tradition and/or giving back.

Approach the matter head-on vs. dancing around the issue.

We are trying to have a discussion about a spiritual topic. Have found that calling people out doesn't solve the problem.

Need to tell people WHERE their money goes, make a connection, i.e. this \$500 H&I money bought this much literature for these facilities ....

***Regional Reports & Wrap Up-(will send the actual reports as we get them, this is just what I could catch as they were talking)***

Harper – Southern Idaho - Last Regional convention lost funds due to a lot of merchandise being ordered at the last minute; all positions nominated at Region last weekend; waiting to hear outcome of Regional campout, attendance was down. Jodi – got Service pamphlet off FTP site, also RCM and GSR Orientations.

Brad – Utah – just had their Regional campout; just had their biggest Area split; another Area disbanded (part of it might join another state). Recently purchased projector so they could give PowerPoint presentations at workshops. Trying to get one of their Regional subcommittees to do guidelines because they don't have any.

Berta – Montana – Just had most successful Gathering; doing a lot right now; separate set-aside account for RD-A travel is right on track; phonline is going well. Have gotten away from subcommittees, having them as work groups instead. Work groups report to communication, more contact, less time spent at Region. Trying to get budgeted a year ahead, it's coming together. Lots of discussion about Gathering and which place to have it. People come together through consensus. Making Unity Days more of a deal. People using web site to communicate, has been a really good tool.

Brenda – Colorado – Regional Convention in Colorado Springs October 23-25. Formed an incorporation ad-hoc committee to do convention, putting together by-laws, etc. Currently Regional Chair signs the contract and is therefore liable. Will decide in September if going "PR". Setting up Professional Symposium, have solicited help from NAWS, setting date next month. PR ad-hoc has been doing some outreach, updating

information, letting them know we're here, how to contact us, try to get them involved. H&I working to cover jails & prisons, have to go through 8 hr. training through DOC, not a lot of resources, challenging. Set up J-Pay account (Don) to correspond with offenders; also have letter-writing committees if they come 'snail mail.' Have new Area, brings their Region up to 9 Areas. Did PowerPoint presentation on the service structure, then broke into small groups and discussed (it's on their website). Forwarded the info. to NAWS. Have a GSR Orientation prior to each Regional Assembly (2 per year) (also on their website).

Tommy – Wyoming – Tommy elected RD last August, Delynda elected RD-A. Serves 5 Areas

Conduct 90 min. workshop on material from NAWS prior to each RSC meeting. Made changes to guidelines re: how to include new Areas. One of Regional meetings is their Regional Assembly. Steve, past RD, is Web Coordinator. Regional convention #10 "Annual Celebration of Recovery". Ron H. did 2 history presentations at the convention. Funded mostly by Area donations; sending RD-A to WSC is funded by the convention. Regional guidelines have been re-vamped and re-formatted. CAR workshop this December 5<sup>th</sup>, will request NAWS participation as soon as he secures a location. (As long as he has a city he can request, per Bob J.) One Area is struggling quite a bit and they've discussed doing some kind of outreach.