

## Meeting summary for Rocky Mountain Zonal Forum (07/25/2025)

### Quick recap

The meeting began with introductions from regional delegates and discussions about Narcotics Anonymous traditions and concepts, followed by technical adjustments for audio feedback and microphone protocols. The Rocky Mountain Zonal Board reviewed regional reports, discussed World Board nominations, and planned upcoming events including a women's retreat and regional convention, while also addressing committee restructuring and position changes. The group finalized details for an upcoming webinar and event agenda, including presentations and video segments, while also discussing zonal contact terms and participation requirements for delegates.

### Next steps

- Scott: Send convention information and speaker requests through the Rocky Mountain Zonal Forum email list
- Deanie: Implement interim period for new Salmon River area to assess capability of continuing as an area
- Colorado delegate team: Attend August CP webinar
- Kathleen/Mike: Create better timeline for upcoming CAR process
- Kathleen/Mike: Hold off on electronic voting tool until amendments are processed
- Colorado delegate team: Attend CAR workshops for areas
- Colorado delegate team: Invite areas to December virtual CAR workshop in Cody
- Colorado Regional Delegate team: Implement new positions including members at large and assistant financial officer
- Colorado Regional Delegate team: Continue participation in virtual prison NA meetings
- Montana Regional Delegate team: Implement weekly meetings at Montana State Prison if volunteers are available
- Upper Rocky Mountain team: Confirm Friday meeting location for December 13th meeting
- Upper Rocky Mountain team: Follow up with World Board regarding CAR participation request
- Upper Midwest team: Prepare for World Service Conference in May 2026
- Upper Midwest team: Organize kickball tournament for Unity Day

- Rocky/Chuck: Follow up with World Board regarding participation in December 13th CAR meeting
- Upper Rocky Mountain team: Coordinate World War Station fellowship game night for December 13th
- Upper Rocky Mountain team: Process survey from US Collaboration of Zones regarding training opportunities
- Regions: Complete and distribute US Collaboration of Zones survey when distributed
- Donna: Continue serving as Zonal Contact through July 2026
- Regions: Review and consider expanding Zonal Contact position eligibility criteria
- Upper Midwest team: Coordinate bonfire and S'mores event after 9 PM NA meeting in Moorhead
- Upper Rocky Mountain team: Coordinate URMR Convention at Holiday Inn in Riverton
- Upper Rocky Mountain team: Process registration for URMR Convention at URMRNA.org
- Regional Delegate Crystal: Provide list of speakers/introductions order for Unity Day webinar
- Regional Delegates: Provide their phone numbers and email addresses to Nick for Unity Day webinar access
- Regional Delegates: Review and prepare for their 5-minute introduction segments for Unity Day webinar
- Nick: Confirm exact timing of Unity Day webinar once back in office August 4th
- Communications Team: Finalize and send out US Collaboration of Zones survey
- Zonal Contact Team: Discuss funding model for future meetings
- Zonal Contact Team: Review CP Webinar attendance policy
- Team: Finalize video presentation with appropriate background/slide elements
- Team: Confirm penitentiary participation and speakers for 15-minute inmate segment
- Team: Coordinate with Gail for her 24-year recovery story segment
- Team: Confirm final music selection for webinar closing
- Team: Review and adjust webinar sound sharing settings for optimal audio playback
- Delegates: Send their contact information to Kathleen by Thursday for World Unity Day participation
- Delegates: Email Kathleen by Thursday their availability and content for their 1-2 minute introduction slots during World Unity Day
- Delegates: Provide information about their region's meetings, groups, and prison/treatment center outreach to Kathleen by Thursday
- Chuck and Steve: Discuss and formalize the decision about Zonal contacts attending CP webinars
- Nick: Provide World Unity Day time slot details when he returns to office on August 4th

- Nick: Set up technical arrangements for Montana State Prison to participate in World Unity Day
- Delegates: Review and provide feedback on the World Unity Day video presentation
- Delegates: Review and provide feedback on the PR piece about serving addicts behind walls
- Rocky: Compile delegate information and send to Nick before August 4th
- Rocky: Send World Unity Day agenda to Nick before August 4th
- Don: Revise Zonal Contact position description to include US Collaboration of Zones responsibilities
- Delegates: Bring ideas for discussing zonal contact funding to December's meeting
- Rocky: Prepare framework for region discussions about zonal contact funding
- Delegates: Develop questions and rationale for region discussions about zonal contact funding
- Delegates: Review and provide input on revised position description at next meeting
- Delegates: Attend tomorrow's meeting at 10am for World Board member presentation
- Rocky: Revise the website description

## **Summary**

### **Narcotics Anonymous Regional Delegate Meeting**

Rocky led a meeting where participants read and discussed the 12 traditions and 12 concepts of Narcotics Anonymous, emphasizing the group's primary purpose of carrying the message to addictive systems and maintaining anonymity. The meeting included introductions from various regional delegates and alternate delegates, including Crystal, Deanie, Chuck, and others, who shared their roles and locations. Participants addressed technical issues with audio feedback and agreed on a protocol for managing microphones during discussions. The conversation ended with plans to hear reports from attendees the following day.

### **Rocky Mountain Zonal Board Updates**

The Rocky Mountain Zonal Board meeting covered regional reports from Scott and Deanie, who discussed the Southern Idaho region's activities including car prioritization results and a new area request in the Salmon River region. Kathleen reported on Colorado's participation in CP web meetings and fellowship webinars, including an upcoming World Unity Day event on September 5-6. The board reviewed key deadlines including motions due July 1st and conference readiness by August 3rd, with discussions about HRP candidate referrals and regional board rotation scheduling.

## **World Board and Regional Planning**

The group discussed the World Board nomination process, clarifying that Chuck's nomination was successfully processed and only needed to be signed by one of the three entities (region, zone, or World Board). They reviewed plans for upcoming regional events, including a women's retreat in August and the regional convention in November, while noting that the PR Committee has been conducting successful virtual prison meetings with up to 250 incarcerated members. The H&I Committee is restructuring their guidelines to better manage their expanded responsibilities across multiple positions, and the board is planning to add more members at large and an assistant financial officer position.

## **Regional Updates and Event Planning**

The Upper Rocky Mountain region reported on their upcoming events, including a regional gathering in September and a convention in Riverton, Wyoming. Crystal, the Upper Midwest RD, shared updates on their region's activities and plans for upcoming events. Chuck presented a report on the US Collaboration of Zones, highlighting their goals and ongoing projects. The group discussed the success of the communications work group in connecting people to NA meetings and resources. Donna announced changes to zonal contact positions and proposed a discussion on funding for these positions.

## **Zonal Forums Rotation and Webinar**

The meeting focused on discussing the rotation schedule for zonal forums, which will follow an alphabetical order starting with Upper Midwest, followed by Upper Rocky Mountain, Utah, Colorado, and then Montana. They also reviewed plans for an upcoming webinar, where participants will be introduced by region and asked to share details about their areas, including the number of groups and meetings per week, as well as their outreach to penitentiaries, treatment centers, and recovery houses. Rocky mentioned that Nick is currently out of the office but will return this week, giving them more time to finalize details for the webinar.

## **Event Agenda and Logistics Planning**

The meeting focused on finalizing the agenda for an upcoming event, including a poetry reading, a presentation on the importance of serving addicts behind bars, and a 15-minute segment featuring speakers from a Colorado penitentiary. Rocky outlined the schedule, which will also include a delegate sharing their story and a video presentation of the zone, emphasizing the need for sound adjustments and technical setup. The team discussed logistical details, such as the timing of the

event, the need for better video presentation, and the importance of optimizing sound sharing during the video presentation.

### **Personal Anecdotes and Future Plans**

Rocky and the group discussed various topics, including personal anecdotes, past events, and current situations involving friends and family. They shared memories of past gatherings, discussed health issues, and mentioned a plan for a future meeting with a break for open discussion. Rocky also talked about ordering spicy pickles and shared experiences with past events involving food and travel.

### **World Unity Day Participation Planning**

The group discussed World Unity Day format and agreed to submit their participation information to Rocky by Thursday, who will then send it to Nick for the event. They also discussed the role of Zonal contacts, with Rocky explaining that US zones don't need to participate in CP webinars since all their regions are seated at the World Conference. The group decided to clarify this in the position description, with Don offering to revise it. Deanie sought clarification on the participation requirements for Zonal delegates, which Rocky explained are only for zones representing unseeded regions.

### **Zonal Contact Terms Revision Plan**

Rocky proposed revising the zonal contact terms from two years to three years and suggested discussing funding for these positions at the December meeting, aiming to gather regional input by July 2024. The group reviewed the agenda for the next day's meeting, which will include a presentation on the 2026-2029 strategic plan with World Board members Danny G. and Carla W., and discussed technical issues with audio during a video presentation.

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## Meeting summary for Rocky Mountain Zonal Forum (07/26/2025)

### Quick recap

The team reviewed a Unity Day video presentation and discussed communication challenges within the fellowship, particularly regarding surveys and information dissemination to regions. Strategic planning processes were examined, including upcoming events and ways to better communicate planning information to delegates and regional leaders through various tools and methods. The conversation ended with preparations for the World Service Conference 2026, focusing on gathering regional input and discussing conference logistics, while emphasizing the importance of effective communication and outreach strategies.

### Next steps

- Delegate team: Create bullet-pointed reports with links to detailed information for regional/zonal communication
- Delegate team: Share reports with other regions for reference
- Delegate team: Be available for questions and discussions about CAR/strategic planning information
- Delegate team: Empower regions to access and understand information independently
- Delegate team: Consider timing of regional meetings when communicating CAR/strategic planning information
- Delegate team: Develop strategies for integrating new information into existing regional communication methods
- Delegate team: Prepare for WSC 2026 strategic planning discussions
- Board: Review delegate team's information and prepare strategic plan for 2026 CAR
- Delegate teams: Create bullet-point summaries of CP webinar content and share via regional listservs
- Delegate teams: Set aside time at area meetings for Q&A sessions about strategic planning
- Delegate teams: Develop workshops at regional/area level to better communicate strategic planning information
- Delegate teams: Reach out to area committee members to attend more regional events
- Delegate teams: Establish two-way communication channels between regions and home groups

- Delegate teams: Create simplified, linked information sharing systems instead of long reports
- Delegate teams: Document and share best practices for effective information dissemination
- Delegate teams: Compile and share delegate digest content after each CP webinar
- Delegate teams: Create and distribute post-CP webinar reports via listserv
- Delegate teams: Attend and present at area meetings to share conference information and updates
- Delegate teams: Create tools/worksheets to gather and consolidate community needs and issues from home groups
- Delegate teams: Use ChatGPT or similar tools to simplify complex information into 6th-grade level language
- Delegate teams: Explore different communication channels to reach different audience segments effectively
- Delegate teams: Establish regular communication channels for sharing region/area updates and discussions
- Delegate teams: Create surveys or questionnaires to gather specific needs and concerns from home groups
- Delegate teams: Review previous regional reports to identify patterns and areas of growth/need
- Delegates: Sign up for Discourse platform using their conference email address
- RDs: Email [wb@na.org](mailto:wb@na.org) to get new ADs onboarded to CP communications
- Delegates: Use Google Groups, WhatsApp, or other platforms to create communication channels with their communities
- Delegates: Prepare input from regions and areas regarding Key Results Areas for World Service Conference 2026
- Delegates: Gather and consolidate recurring themes and issues from their communities before conference small group discussions
- Deanie: Contact her RD to get onboarded into CP communications and access to discussion board
- Rocky: Get Deanie's email address to add her to Google group communications
- Delegates: Prepare for WSC 2026 by gathering issues from their regions/areas without restricting to KRA categories
- Zone: Set aside time to work through strategic planning together as delegates
- Zone: Present strategic planning outcomes back to individual communities for affirmation
- Zone: Develop project plans around identified community issues

- Zone: Discuss moving forward with external meeting agenda items in December
- Crystal: Prepare and distribute slideshow of meeting content to attendees
- Delegates: Review and submit funding requests by January for WSC 2026 attendance
- Delegates: Contact [Elaine@na.org](mailto:Elaine@na.org) for any lodging questions regarding WSC 2026
- Delegates: Complete WSC 2026 travel arrangements through Montrose Travel
- Delegates: Attend April 18th CP webinar for WSC orientation
- Delegates: Arrive by May 1st for WSC 2026
- Delegates: Attend World Service Office tour on Saturday before WSC 2026
- Delegates: Attend Sunday WSC 2026 opening session
- Delegates: Review the slideshow from the Zonal Forum and prepare questions for their regions
- Delegates: Bring back information from their regions about carrying the NA message to different demographics
- Delegates: Complete the WSC registration form if planning to attend
- Delegates: Review the WSC travel memo when it is released
- Delegates: Arrive 2 days before WSC for pre-conference activities
- Delegates: Order groceries for their WSC room on the first day
- Delegates: Participate in breakout sessions and Unity Day speaker jam on Saturday evening

## **Summary**

### **Unity Day Video and Communication Review**

The team reviewed a video presentation for Unity Day that included music and narration, with some discussion about audio quality issues that were determined to be on AD's end rather than the presentation itself. They discussed the need to effectively communicate information to their region, particularly regarding surveys and IDTs, with AD noting that while they've made efforts to relay information, the fellowship's current focus is on the upcoming conference rather than detailed surveys. The team also discussed the possibility of organizing an informational workshop at the upcoming convention, though they acknowledged this would need to be coordinated with the program committee.

### **Strategic Planning Communication Improvement**

The board discussed the cyclical nature of the strategic planning process, with upcoming events including a CPU webinar in August and a Board meeting in September in Chatsworth. They explored

how to better communicate strategic planning information to delegates and regional leaders, with suggestions including using bullet points and providing links to detailed information rather than long reports. Delegates shared their experiences of communicating strategic planning information to their regions, with some noting challenges around timing and information dissemination, while emphasizing the importance of empowering members and making information easily accessible through tools like the delegate digest and conference website.

### **Enhancing NA Communication and Engagement**

The meeting focused on improving communication and engagement between delegates, regional committees, and local groups within NA. Participants discussed challenges in relaying information effectively and suggested creating workshops at regional and area levels to address these issues. They explored various communication tools, such as social media, email lists, and Google groups, to enhance information flow. Delegates were encouraged to use tools like ChatGPT to simplify complex information for their communities. The group also emphasized the importance of two-way communication to better understand local needs and incorporate feedback into the planning process.

### **World Service Conference 2026 Preparation Strategies**

The meeting focused on preparing for the World Service Conference 2026 and strategic planning within regions. Delegates discussed how to gather input from regions and areas on key issues to bring to the conference, with a suggestion to allow free-form thinking rather than restricting ideas to predefined categories. The group explored the idea of zones conducting their own strategic planning processes to better prepare for the conference and address local issues. Rocky shared insights from her region's experience with strategic planning and highlighted the importance of effective communication and active listening in service work.

### **World Service Conference Preparation Overview**

The meeting discussed the upcoming World Service Conference (WSC) scheduled for May 3-9 at the Woodland Hills Marriott in California. Danny provided details about the conference agenda, including a tour of the World Service Office, breakout sessions, and a Unity Day speaker event. Delegates were reminded to contact Elaine for lodging arrangements and that funding for delegates is now opt-in. The group also discussed internal and external questions to bring back to regions for strategic planning, focusing on outreach to different demographics and cultural considerations. Rocky emphasized the importance of using language that resonates with various communities and shared an example of successful street outreach using discreet QR codes.